



# VOCAL AND/OR SCENIC ARTISTIC COACHING

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## PRESENTATION AND CONTENT

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Artistic coaching is always carried out in relation to a given problem and a specific deadline: an audition to pass, an exam in the middle or at the end of the path of study, premiere of a new show or simply a need to feel better on stage and to regain pleasure.

The coach intervenes to help a beginner or experienced artist to identify his/her need and to find the solutions by him/herself. It allows the artist to align him/herself with his deep desire, to allow him/herself to be him/herself, to be in absolute connection with his/her work, or with the work he/she must interpret, without feeling in danger.

The coach is helping the artist (individual or group) to better understand his/her own identity, to work on his/her scenic presence and on his/her own relationship to him/herself as a "public person", placing him/her at the center of his/her professional project to enable him/her to move towards his/her full dimension, towards more awareness and confidence and thus to take charge of his/her evolution, to equip him/herself with his/her objectives, desire and ambition.

### AREAS OF WORK

- › Coaching of interpretation, stage preparation, development and structuring of a show
- › Preparation for castings, examinations and hearings
- › Voice coaching and individual singing lessons
- › Supervision of writing
- › Composition coaching, arrangement, realization, preparation for recording
- › Preparation for interview and press communication
- › Within a group, identification of each person's roles and sorting between the real and the emotional

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## PEDAGOGICAL OBJECTIVES

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Allow the artist to channel his/her work, manage his/her emotions and define his/her choices, accordingly to his/her professional deadlines, with the validation of an external look.

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## AUDIENCE

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- Individual artists (singers or musicians)
- Vocal and musical groups

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## INTERVENER

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**Ms. Milena JELIAZKOVA**, singer & artistic coach

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## DURATION

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- One session is of 1 h 30 to 2 h
- Number of sessions to be defined as required