

« Bulgarian dance curriculum : coded, improvised, sung »

Intervener: Maya MIHNEVA

OBJECTIF

The intent is to explore the richness of Bulgarian dances, to train and to perfect, to enrich its gestures by immersing itself in a learning of transmission by observation, and imitation.

GENERAL CONTENT

- > Working on axis, supports, suspensions, energy management
- > Ground related and vertical work in Bulgarian dances
- > Learning of dances through observation, imitation and impregnation
- > Approach to styles: ensemble, circle, chain, improvisation and sung dances
- > Work on techniques and specificities, specific to the main “families” of dances in each ethnographic region
- > Discover and deepen the different forms of dances
- > Work on odd specific rhythms: 5/8, 7/8, 7/16, 9/8, 9/16, 11/16, 13/16, 26/16, etc., and the richness they offer at the gestural level
- > Explore the specific choreographic language, its integration into contemporary creation and the possible contribution to staging

EDUCATION PROVIDED

- > Group courses
- > Choreographic practice
- > Improvisation
- > Choreographic culture
- > Ethnology
- > Staging
- > Pedagogy for future teachers

DURATION OF STUDIES

- > From 2 to 3 years

CONDITIONS FOR REGISTRATION

- > Minimum age: 16 years
- > Dance practice is required